

# KACIE HINOJOSA

6530 Annie Oakley Dr. Apt. #1221, Henderson, NV 89014

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## Professional Summary

Knowledgeable in the nutrition counseling for various ethnic backgrounds and populations. Building up clout with clients and working with a team to deliver company and HIPPA policies. Great compassion and desire to serve the community through health education. Experience with shipment, inventory, and food sales production. Cooperated with other professionals to ensure the optimal mental, physical, and spiritual benefits to the clients. Strong drive to expand knowledge and care for the public.

## Core Qualifications and Skills

Creating fitness program using FITT and PROS principles and behavioral modification

Designing webpage for public health education

Use of medical terminology, Microsoft Word, Excel, and PowerPoint

## Professional Experience

**Wellness Representative, 10/2013- Present**

DoTERRA, Henderson, NV

- Educate the public on CAM with the use of essential oils
- Support preventative care
- Manage monthly sale goals with a team

**Health and Wellness Consultant/ Creative Director, 5/11/2015- Present**

Jenny Craig, Henderson, NV

- Conduct and record weekly weigh in consultation with clients.
- Multi-tasking the upkeep of inventory and shipment of food products.
- Working alongside center director to set goals for monthly projections.
- Creating challenges and motivation for clients to reach their goal.

**Licensed Massage Therapist, 4/11/2013-3/6/2015**

MaxHealth Center, Las Vegas, NV

- Performing 50-minute massage for patients in accidents and clients for stress reduction.
- Keeping records with SOAP notes on progress for car accident cases using medical terminology.
- Working alongside chiropractors to assess the source of pain and creating a prognosis

### **Education**

**Certification of Completion**, 2007-08, Nevada School of Massage Therapy

**Bachelors of Science on Health and Wellness**, 2013-16, Kaplan University, Online

**Masters of Health Education**, expected start 2017, Kaplan University, Online